

RECOGNIZING LEADERSHIP IN PHARMACY SUSTAINABILITY

Saskatchewan Health Authority Regina Area Pharmacy Department Living Well Committee

Team members

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The Saskatchewan Health Authority Regina Area Pharmacy Department established a Living Well Committee in September 2020. Its mission is to promote and implement initiatives for:

1. environmental sustainability applicable to the workplace and at home and
2. enhancing pharmacy employees' wellness in all domains (for example, occupational or emotional well-being).

To ensure the priorities of the committee aligned with that of all pharmacy staff, an initial survey was conducted to see which environmental and wellness issues should be prioritized.

To date, significant changes have been made in the department by the committee, both for the wellbeing of the staff as well as the environment. These changes included many environmental impact improvement strategies such as reducing paper and plastic usage, improving recycling practices, reducing MDI usage and wastage, community clean up events, clothing donation drives, and the development of a pharmacy department environmental audit tool.

Pictured are the committee co-chairs Caitlin and Kirsten presenting their poster on the audit tool at the Canadian Society of Health-Systems Pharmacy Professional Practice Conference in 2024.